

Tuning Into Kids




EMOTIONALLY INTELLIGENT PARENTING

Learn How To


- Be better at understanding your child's big emotions
- Gain new communication tools to respond in a healthy way to their emotions
- Help your child learn to manage their own emotions
- Teach your child skills to deal with conflict
- Help you navigate Child's Challenging behaviours

COME AND JOIN US!

Small Group sessions will be held for:

 6 weeks

 1.5 to 2 hr each session

 **Location:**
3/3 Tuck Street
Moorabbin Victoria 3189

Start Dates 2024

Term 2

Friday 3rd May: 12pm-2pm

Term 4

Friday 18th Oct: 12pm- 2pm

CHILDREN WITH EMOTIONAL INTELLIGENCE

- Have greater success with making friends and managing conflicts
- Have more stable and satisfying relationships as adults
- Are more able to cope when upset or angry

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