

Seasons for Growth supports **children to develop the skills to understand and respond well** to experiences of change, loss and grief. The Seasons for Growth programme is a small-group evidence-based programme for children aged 6-12 years.

Seasons for Growth is based on the belief that change and loss are part of life and grief is a normal response to these losses. The four seasons are used as a metaphor to explore the cyclic nature of grief and is based on William Worden's four tasks of grieving.



Location:
3/3 Tuck Street
Moorabbin Victoria 3189







## Ages 6-12 Details

Starting: Term 2

When: Tuesday 23 April 2024, 4-5pm

Duration: 8 weeks (40-50 minutes per

session)

Where: CoRe Kids Therapy in Moorabbin

Ages: 6 to 12 years

## **Register now At:**



admin@corekidstherapy.com.au



